

Spa & Wellness - Kempinski Hotel Bansko



Bansko is one of the biggest and fastest developing resorts in the country, offering a unique combination between virgin nature and the atmosphere of the ancient Bulgarian town. Its favorable location at the foot of Pirin Mountains offers you the chance to combine spa and climatic treatments, while enjoying the clean air and beautiful view of Pirin.

Kempinski Hotel Grand Arena Bansko***** is located at the footsteps of Pirin Mountains, affording stunning views towards the majestic snow-capped peaks of the mountain. The hotel offers luxury accommodation complemented by impeccable service. Guests have the pleasure to spend time for their favorite sports in all seasons and to relax in a comfortable yet distinctive atmosphere close to the mountain. The variety of restaurants, bars and lounges allows guests to choose among diverse cuisines, including local and international specialties.



Zalez Spa & Wellness Center
The up-scale Spa center represents unique space for anybody who revels in luxury, relaxation and harmony.

The center offers a full range of traditional and exotic massages, as well as skin and body spa treatments based on Thalgo and Declor products. This state-of-art facility includes outdoor & indoor swimming pools, kids pool, indoor & outdoor hot tubs, outdoor tennis court, steam room and saunas, fitness centre, float tank, Hammam, solarium and unique snow room.

Aroma steam bath

The Aroma steam bath offers a complete relaxation thanks

to the temperature of 45°C and humidity of 100%. The aroma is stimulating and refreshing blood circulation and helps against illnesses of the airways, as well as against rheumatic ailments. One can also cool off well with lukewarm showers.

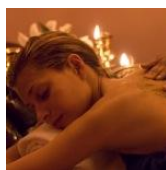
Finnish sauna

In the Finnish sauna the temperature is 90° and humidity is 0%. The maximum stay should be not more than 15 minutes. The combination between Finnish sauna and the unique Snow room helps to cool the body. The Finnish sauna also promotes the elimination of harmful substances from the body and stimulates circulation.



Snow room

In our unique snow room one can experience the ultimate temperature of - 15 °C. The combination between saunas or steam baths and the snow room helps the body to normalize the temperature. The maximum stay is not more than 2-3 minutes.



Authentic Softouch Ayurveda Center

At the Kempinski Hotel Grand Arena, Bansko a team of experienced therapists, professionally trained from the government approved Ayurveda Institutes in India, run the ultimate

Softouch Ayurveda Center in Bulgaria, with no compromise on quality or service. With its four treatment rooms blending the modern and traditional Eastern philosophy, the Ayurveda Center presents a whole new universe of rejuvenation. The center is operating under the guidance of qualified Ayurvedic physician Dr. Kiran.K.Rajan, from India.



The Softouch Ayurveda Center offers not only treatments but a completely different "Way of life". This system of science concentrates on the prevention of body ailments in addition to curing them. The tradition of natural healing

philosophy has been a part of the culture and the daily life in India since BC 3000. It is the best natural way to refresh, eliminate all toxic imbalances from the body and regain resistance and good health.

You will enjoy all kinds of value added services, from traditional treatments to modern means revitalization. among over body massages treatments experienced professionals and with genuine oils and herbs from the Far East. The modern Softouch Ayurveda Center also provides time tested therapies for Detoxification called Panchakarma Treatment, Rejuvenation (Rasayana Therapy), Skin Care and Beauty Care.



Ayurveda innovative and of healing and One can choose twenty different and head and face each done by

Country region: Bansko, Southwestern Bulgaria

PRICES:

Rejuvenating 3 day SPA package: KD900

The price is per person and includes 7 overnights in a Deluxe double room on HB (breakfast and dinner included), Back and Leg massage, Brown Sugar peeling, Face and Scalp massage.

Rejuvenating 5 day SPA package: KD945

The price is per person and includes 7 overnights in a Deluxe double room on HB (breakfast and dinner included), Back and Leg massage, Brown Sugar peeling, Face and Scalp massage, Harmonious Lavender bath, and Part body massage.

Both packages allow you to use the sauna, steam bath and swimming pools of Zalez SPA Center for free!

Single room supplement: KD145

Accommodation and food: Accommodation is in double Deluxe rooms, each equipped with air condition, heater, TV set, movie channels, telephone with answering machine, mini-bar, Wi-Fi, study desk, private balcony, locker, and safe box.

Price of extra services: Return transfer Sofia Airport - Bansko by car (1-3 people): KD85; by van (4-8 people) - KD115. We are flexible to offer transportation from any other location in Bulgaria. For more information on rates please send us an **e-mail** at info@hktours.org

Included in the price: Please, look at the package prices above